



The City of BERWYN, Illinois Fire Department

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The Berwyn Fire Department is pleased to be offering CPR/AED Training. The training will be taught by members of the Berwyn Fire Department, who are trained instructors certified by the American Heart Association. Classes offered include *Heartsaver* CPR & AED. This is a 4 hour course. Healthcare Provider Renewal will be offered for healthcare providers on an as needed basis. Friends and Family will also be offered to the residents.

Heart attack is the single largest cause of sudden death in America today. Every year half a million American deaths are caused by cardiac arrest. While the causes of heart disease, which leads to heart damage and heart attack, are numerous, the response to heart emergencies is the same: Cardiopulmonary resuscitation, or CPR.

CPR is a skill whereby bystanders, with nothing but their hands and lungs can keep a victim of heart attack viable until advanced life support can arrive on the scene. By knowing what to do, how to recognize the symptoms of a heart attack, and how to compress the heart and ventilate the lungs, you can give a loved one or co-worker a second chance at life.

With this class you should be able to recognize the signs and symptoms of a heart attack, how to determine if someone who has been stricken has had a heart attack or stroke, how to recognize if someone is choking and how to administer abdominal thrusts, and how to assess the unconscious patient who cannot tell you what is wrong. Each skill is taught by scenario and particular attention is given to hands-on skills with practice reinforcing the lessons learned. Groups will be kept small to enhance the instructor-student ratio for individual evaluation and attention.

Classes will be held at the North End Fire Station located at 6615 W. 16th Street. Classes will be held on a monthly basis (depending on the number of people registered) and the times and dates will vary.. Cost for the *Heartsaver* CPR & AED program will be \$35 for residents and \$50 for non-residents who wish to enroll. Residents will be given first priority. Cost for the Healthcare Provider Renewal will be \$40. Cost for Friends and Family will also be \$40.

Registration can be done online via email - CPR@berwyn-il.gov or at the 16th St. fire station.

Checks and/or money orders made payable to the Berwyn Fire Department must be paid one week prior to the class. Cash will only be accepted on the day of class and with prior approval from the CPR coordinator. Your CPR card will be your receipt.

Classes will only be held at the Berwyn Fire Station located at 6615 W. 16th Street.

For more information on CPR/AED training please call (708) 749-6484 or email Firefighter Felix Greco at CPR@berwyn-il.gov.

When leaving a message for the CPR class, please specify if it is for Healthcare Provider (1st time or Renewal) or Friends and Family. A minimum of 6 people is needed to hold the classes. Healthcare Provider and Friends and Family will not be held simultaneously.